

Major Checklist for B.S. Degree in BioHealth Science:
Pre-Optometry Sample Four-Year Plan

	FALL	WINTER	SPRING
FRESHMAN			
Orientation	BHS 110 1 CR (F)		
Math/Statistics	MTH 251 4 CR (F,W,SP,SU)	MTH 252 4 CR (F,W,SP,SU)	ST 201 4 CR (F,W,SP,SU)
Chemistry	CH 231/261 (4+1 CR) (F,W,SU)	CH 232/262 (4+1 CR) (W,SP,SU)	CH 233/263 (4+1 CR) (SP,SU)
Pharmacy			PHAR 210 2 CR (F,W,SP,SU)
Skills Baccalaureate Core	WR 121 3 or 4 CR F (A-G); W (H-N); SP (O-Z) (Must achieve C- or better) COMM 111, 114, 211, or 218 3 CR (F,W,SP,SU) HHS 231 2 CR (F,W,SP,SU) and HHS 241 Lab 1 CR or PAC 1 CR (F,W,SP,SU)		
SOPHOMORE			
Biology	BI 221 4 CR (F,SU)	BI 222 4 CR (W,SU)	BI 223 4 CR (SP, SU)
Chemistry	CH 331 4 CR (F,W,SU)	CH 332 4 CR (W,SP,SU)	CH 337 4 CR (F,SP,SU)
Math/Statistics	ST 202 4 CR (F,W,SP,SU)		
Psychology	PSY 201 4 CR (F,W,SP,SU)	PSY 202 4 CR (F,W,SP,SU)	
Health		H 210 4 CR (F,W,SP,SU)	H 225 3 CR (F,W,SP,SU)
JUNIOR			
Biochem & Biophys	BB 450 4 CR (F,W,SP,SU)	BB 451 4 CR (F,W,SP,SU)	
Physics	PH 201 5 CR (F,SU)	PH 202 5 CR (W,SU)	PH 203 5 CR (SP,SU)
Cell & Molecular Biology/Microbiology		BB 314 4 CR (F,W,SP, SU)	MB 302 3 CR (F,W,SP,SU) MB 303 2 CR (F,W,SP,SU)
WIC	BHS 323 3 CR (F,W,SP,SU) <i>or</i> MB 385 3 CR (W)		
SENIOR			
Anatomy/Physiology	BI 331 3 CR (F) BI 341 2 CR (F)	BI 332 3 CR (W) BI 342 2 CR (W)	BI 333 3 CR (SP) BI 343 2 CR (SP)
BioHealth Sciences			BHS 329 3 CR (SP, other terms vary)
Immunology/Genetics		MB 310 3 CR (W) <i>or</i> BI 311 4 CR (F,W,SP,SU)	BHS 316 3 CR (W,SP,SU) <i>or</i> MB 416 3 CR (F)
Physics	PH 332 3 CR <i>or</i> BB 360 3 CR (W)		
Cultural Competency	Select 1 Cultural Competency class from approved list; 3-4 CR	Select 1 Cultural Competency class from approved list; 3-4 CR	

**SELECT TWO CULTURAL COMPETENCY COURSES
FROM BELOW (6-8 CREDITS):**

COURSE	TITLE	CREDITS
ANTH 240	INTRODUCTION TO BIOLOGICAL ANTHROPOLOGY	3
ANTH 345	BIOLOGICAL AND CULTURAL CONSTRUCTIONS OF RACE	3
ECON 383	THE ECONOMICS OF DISCRIMINATION	4
ES 351	ETHNIC MINORITIES IN OREGON	4
ES 353	ENVIRONMENTAL RACISM	4
FCSJ/ANTH 361	FOOD JUSTICE	4
HDFS 201	CONTEMPORARY FAMILIES IN THE U.S.	3
MB 330	DISEASE AND SOCIETY	3
PHL 280	ETHICS OF DIVERSITY	4
PSY 426	PSYCHOLOGY OF GENDER	4
PSY 466	FAT STUDIES	4
SOC 426	SOCIAL INEQUALITY	4
WGSS/QS 262	INTRODUCTION TO QUEER STUDIES	3
WGSS 414	SYSTEMS OF OPPRESSION IN WOMEN'S LIVES	4