

BHS 110: Orientation to BioHealth Sciences
Fall 2018: MONDAY

Course/General Information

Lecture and Location: Monday 4-4:50 pm, LINC 302 (Section 001)

Instructor: Dr. Shawn Massoni, shawn.massoni@oregonstate.edu Nash 333, 541-737-7020

For appointment: Email Dr. Massoni with several available days/times

Credit: 1 credit, graded P/N

Pre-reqs: none

Learning Resources

- Text: none required. Although this course does not have any required textbooks or reading materials, students are expected to prepare for class, turn assignments on time, and respectfully engage in class discussions.
- Canvas (required): Log in at: <https://oregonstate.instructure.com/> and sign in with your ONID username and password. While you are there, check out the OSU Resources provided on the course Canvas site.
- Student Response System (required): Top Hat
 - *What is Top Hat?* Top Hat is an app for your mobile device (or laptop/tablet) that serves as a student response system. It allows you to register attendance, answer in-class participation questions, and follow along with your instructors' slides. Many classes at OSU use Top Hat.
 - *How do I get Top Hat?* You must purchase a *subscription* to Top Hat. Subscriptions for OSU students are \$16 for one term, \$25 for one year, and \$46 for your lifetime as a student (4-5 years). Because many of your classes will use Top Hat, we recommend getting the student lifetime 4-5 year subscription now rather than purchasing a separate subscription every term. Your subscription will allow you access for all of your OSU classes; you do *not* need a separate subscription for *each* class. To purchase and activate your Top Hat subscription, follow the step-by-step instructions at: <https://learn.oregonstate.edu/sites/learn.oregonstate.edu/files/tools-clickers/handouts/studenttophatregistrationguide.pdf>
 - *Additional Resources*:
 - <https://learn.oregonstate.edu/classroom-response/student-tools>
 - Need help with Top Hat? Fall 2018 registration support is available M-F, 10:00 AM - 5:00 PM through Week 3 in Learning Innovation Center (LINC) 466 and via email classroom.response@oregonstate.edu.

Course Outcomes

Students completing BHS 110 will be able to:

1. Demonstrate a working knowledge of MyDegrees, the role of academic advisors, academic programs, and support resources used to prepare BioHealth Sciences students for professional school.
2. Demonstrate a working knowledge of the University and its policies, organization, and opportunities.
3. Summarize common skills and characteristics that successful health care professionals typically possess.
4. Recognize the elements that make an applicant competitive for professional school admission.
5. Identify career options within the healthcare field and related College of Science degree options.
6. Create a comprehensive collegiate plan that maximizes educational and professional development opportunities on, and off, campus.

Class Expectations

1. Attend all classes, arrive on time, actively participate (defined below) and stay in class during class time.
2. No eating or drinking during class unless medically needed.
3. No cell phone, tablet, laptop, or all other electronic devices during class. Class-specific exceptions may apply.
4. Complete all assignments on time.
5. Check your ONID email account every day. When communicating with your instructor, only use your ONID email account and include student ID.
6. Engage in discussions and disagree respectfully.
7. Ask questions when you do not understand.

Evaluation of Student Performance

This course is graded pass/no pass. You will receive one credit if you pass (P) and no credits if you do not (N). To pass the course, students must:

1. Attend all nine class sessions*.

Attendance is defined as being present at a class session and actively participating in in-class activities for that session. Active participation means listening respectfully to instructors or guest speakers, engaging in activities such as filling out handouts/worksheets, taking notes, or engaging in class activities with peers. Do **not** use class time for non-class activities, to do work for other classes, for social media, for reading non-class materials, for emailing, or other distracting activities. *If you are not using the time for active participation, as described above, instructors reserve the right to award an absence even if you are physically in class.*

No absences are excused. **If you miss a single class you must:** 1) complete the assignment for that day, and 2) attend an *instructor-approved* seminar or meeting involving healthcare **and** submit a 1 page written summary of the talk/meeting. You must talk to your instructor and get instructor approval *prior* to completing component #2.

If you miss more than one (1) class, you will automatically receive an N, resulting in no credit for the class. If this class is required for your major and you receive an N, you will need to take this course again in a subsequent fall term.

***No class is schedule for Week 0 (Sept. 20) or Week 8 (Monday, November 12, Veteran's Day Observation)**

2. Complete the following in- and out-of-class assignments:

- A. Pre-course quiz
- B. VARK Learning Styles Results and Summary Paragraph
- C. Planner in MyDegrees for winter/spring terms
- D. Holland Codes
- E. Library exercise (in-class)
- F. Two questions for the BHS student panel
- G. Health Careers Exploration Paper
- H. Campus Quest
- I. Professional Development Plan

A description of these assignments are given below. All assignments that are not specifically listed as "in-class" are to be turned in *prior to the start of class*. Printed assignments that you bring to class will be due at the *start of class*.

Description and Schedule of Assignments and Activities

Pre-course quiz (A): The pre-course quiz is designed to achieve two goals. The first is to allow your instructor to get to know you better. The second is to find out what you know at the beginning of class, so that we can compare it to what you know at the end of this course. You will access this course under the Week 1 module in Canvas. You will take the quiz in Canvas by the due date listed below in the class schedule. You do not need to print out or bring anything to class for this assignment.

VARK Learning Styles Results and Summary Paragraph (B): Complete the VARK Learning Styles Questionnaire online located at: <http://www.vark-learn.com/english/page.asp?p=questionnaire>. Please print your results and type a short summary (one-page or less) discussing how you might use the results to develop effective study strategies to maximize your academic success. Submit hard-copy of printed results and summary in class (either printed on two sides of the same page or stapled together).

Planner in MyDegrees for winter/spring terms (C): Complete an academic plan in the MyDegrees Planner (access from: <https://myosu.oregonstate.edu/>) for the 2018-2019 year. Your plan should be named "BHS Yearly Plan 2018-19." Add your planned courses for winter 2019 and spring 2019 terms. This assignment will be in your MyDegrees Account, and you do not need to print out or bring anything to class for this assignment.

Holland Code Assessment (D): Complete the Holland Code Assessment online located at: <https://www.truity.com/test/holland-code-career-test>. Print a hard copy of your results and bring them to class.

Library Exercise (E): You will be provided with a library exercise to complete in the library class session. You will hand it in at the end of class.

Two questions for the BHS student panel (F): A group of current students in the BHS major, representing a range of options and campus involvement, will be attending class to talk about their experiences, offer insight about navigating classes and campus, and share perspectives on academic success strategies. Write two questions that you want to ask the students during this class. You will submit your questions via Canvas. You do not need to print out or bring anything to class for this assignment.

Health Careers Exploration Paper (G): Choose two different careers that interest you. Read about these careers using the recommended online resources. In a 1-page paper (double-spaced, Times New Roman, 12pt font), answer the following questions for each profession. This paper should describe *two different professions*, not two sub-specialties of the same profession. For example, a pharmacist and a physician assistant are *two different professions*, but an MD in ophthalmology and MD in pediatrics are not two different professions. Students are expected to demonstrate college-level writing skills using full sentences and correct grammar. Please consult the OSU Writing Center in Waldo Hall for assistance if needed. See the statement on Academic Integrity on p. 4 regarding the expectations for scholarly writing.

1. What are the primary job responsibilities involved in this career?
2. What education or classes would I need to obtain to enter this profession?
3. What skills or qualities are important in this profession?
4. What about this career interests me?

Recommended Online Resources (links are available on Canvas)

- Careers in Microbiology <https://www.asm.org/index.php/scientists-in-k-12-outreach/careers-in-microbiology>
- Career Opportunities <http://microbiology.science.oregonstate.edu/career-opportunities>
- Explore Health Careers <http://explorehealthcareers.org> (also see additional links on each professions' Resource tab)
- Occupational Outlook Handbook <http://www.bls.gov/ooh/> (see "Healthcare" occupational group)
- O*Net Online <http://www.onetonline.org/> (try looking in the "Healthcare Practitioners and Technical" Job Family)

Campus Quest (H): This activity is designed to help you learn about resources on campus. You will go to different resource offices on campus to collect stamps and ask questions about the services which are offered at each location.

Professional Development Plan (I): Using the template provided on Canvas as a guide, create an individual professional development plan based on your own interests, values, and career goals.

BHS 110 Class Schedule

Week, Date	Session Topic	Assignments Due
Week 0, 9/17	NO CLASS	
Week 1, 9/24	Introduction, syllabus, class expectations, make appointments, emails, people you should know	Ice-breaker (in class activity)
Week 2, 10/1	Introduction to MyDegrees, degree requirements, registration, planner and scheduler	Pre-course quiz (A) – <i>on Canvas</i> *Bring technology (laptop, etc) to class
Week 3, 10/8	<u>Academic Success</u> Coaching, SI, tutoring, MLC, WRC Discuss results and talk about success tools and strategies; resources for academic help Guest Speaker from Academic Success Center: Sarah Norek	VARK Learning Styles Results and Summary Paragraph (B) – <i>bring hard copy to class</i> MyDegrees Yearly Academic Plan (C) – <i>due on your MyDegrees Account</i>
Week 4, 10/15	<u>Careers in Healthcare Part 1</u> Guest Speaker from Career Development Center: Claire Wu	Holland Code results (D) – <i>bring hard copy to class</i>
Week 5, 10/22	<u>Undergraduate Research</u> Guest Speaker: Sophie Pierszalowski	*Bring technology (laptop, etc) to class
Week 6, 10/29	<u>Careers in Healthcare Part II</u> Career Path Specifics	
Week 7, 11/5	OSU libraries and databases Guest Speaker: Hannah Rempel	Library activity (E) – <i>will be completed in class</i> *Bring technology (laptop, etc) to class
Week 8, 11/12	NO CLASS – Veteran’s Day Observed	Two questions for the BHS student panel (F) - <i>submit to Canvas</i>
Week 9, 11/19	Perspectives from current BHS students (student panel)	Health Careers exploration paper due (G) - <i>submit to Canvas</i>
Week 10, 11/26	OSU GO (Global Opportunities)	Campus quest (H) – <i>submit to Canvas</i> Professional Development Plan (I) – <i>submit to Canvas</i>
Week 11, 12/3	Finals week – NO CLASS	

Statement Regarding Students with Disabilities:

Accommodations for students with disabilities are determined and approved by Disability Access Services (DAS). If you, as a student, believe you are eligible for accommodations but have not obtained approval please contact DAS immediately at 541-737-4098 or at <http://ds.oregonstate.edu>. DAS notifies students and faculty members of approved academic accommodations and coordinates implementation of those accommodations. While not required, students and faculty members are encouraged to discuss details of the implementation of individual accommodations.

Statement of Expectations for Student Conduct:

For more information, see OSU's website on Student Conduct and Community Standards:

<http://studentlife.oregonstate.edu/studentconduct/offenses-0>

In an academic community, students, faculty, and staff each have responsibility for maintaining an appropriate learning environment, whether online or in the classroom. Students, faculty, and staff have the responsibility to treat each other with understanding, dignity and respect. Disruption of teaching, administration, research, and other institutional activities is prohibited by Oregon Administrative Rule 576-015-0015 and is subject to sanctions under university policies. To view the entire student code of conduct, visit:

https://studentlife.oregonstate.edu/sites/studentlife.oregonstate.edu/files/final_code_of_student_conduct_updated_1_25_18.pdf

Academic Integrity:

Students are expected to comply with all regulations pertaining to academic honesty at Oregon State University.

Academic Misconduct includes:

1. **Cheating.** Unauthorized assistance, or access to or use of unauthorized materials, information, tools, or study aids. Examples include, but are not limited to, unauthorized collaboration or copying on a test or assignment, using prohibited materials and texts, unapproved use of cell phones, internet, or other electronic devices, etc.
2. **Plagiarism.** Representing the words or ideas of another person or presenting someone else's words, data, expressed ideas, or artistry as one's own. Examples include, but are not limited to, presenting someone else's opinions and theories as one's own, using another person's work or words (including unpublished material) without appropriate source documentation or citation, working jointly on a project and then submitting it as one's own, etc.
3. **Falsification.** Fabrication or invention of any information. Examples include, but are not limited to, falsifying research, inventing or falsely altering data, citing fictitious references, falsely recording or reporting attendance, hours, or engagement in activities such as internships, externships, field experiences, clinical activities, etc.
4. **Assisting.** Any action that helps another engage in academic misconduct. Examples include, but are not limited to, providing materials or assistance without approval, altering someone's work, grades or academic records, taking a test/doing an assignment for someone else, compelling acquisition, selling, bribing, paying or accepting payment for academic work or assistance that contributes to academic misconduct, etc.
5. **Tampering.** Interfering with an instructor's evaluation of work by altering materials or documents, tampering with evaluation tools, or other means of interfering.
6. **Multiple submissions of work.** Using or submitting work completed for another or previous class or requirement, without appropriate disclosure, citation, and instructor approval.
7. **Unauthorized recording and use.** Recording and/or dissemination of instructional content without the express permission of the instructor(s), or an approved accommodation coordinated via Disability Access Services.

For further information, contact the office of Student Conduct and Community Standards at 541-737-3656. More information about academic misconduct is available at:

<https://studentlife.oregonstate.edu/studentconduct/academicmisconduct>